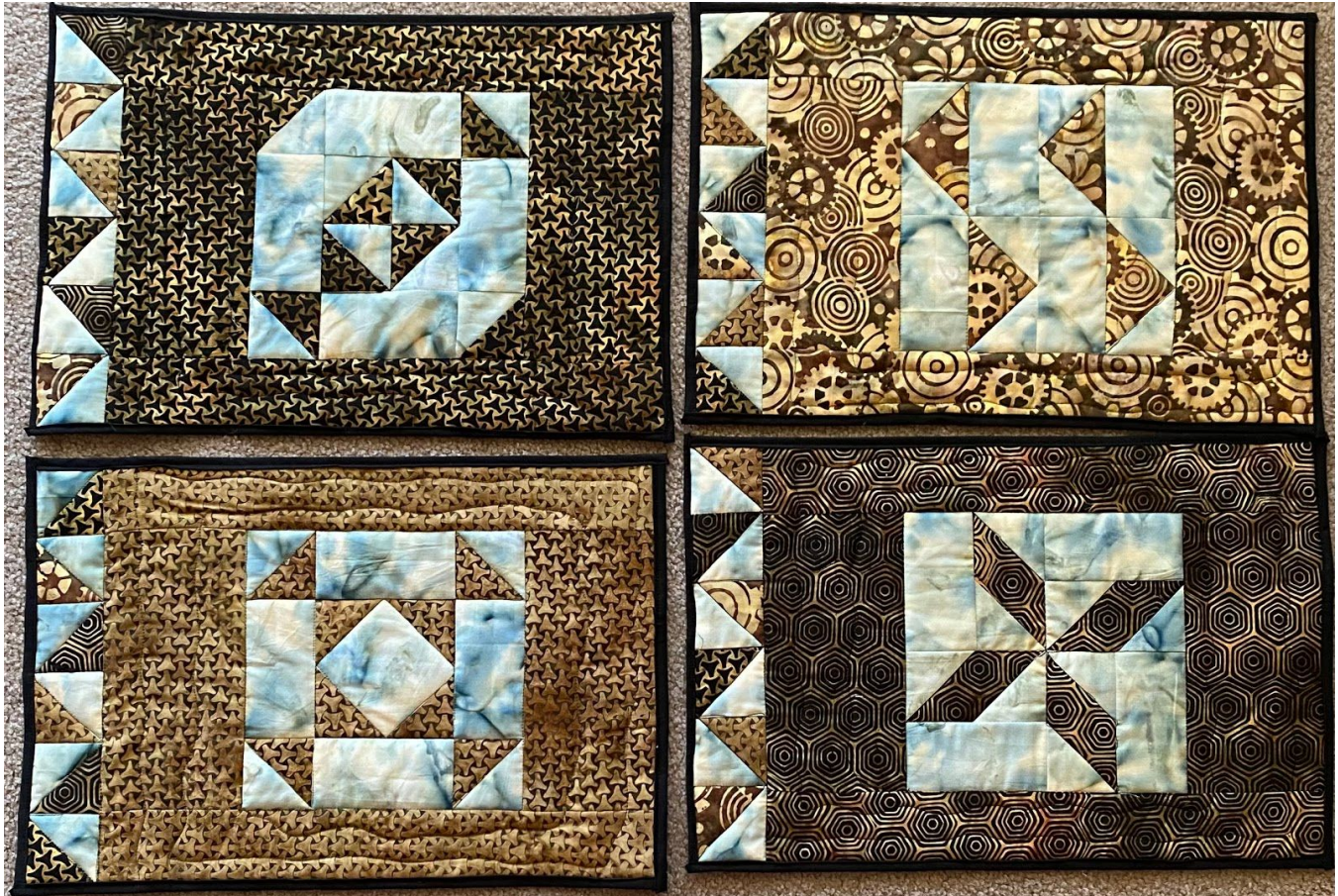


Fresh Start Placemats
12"x18"



Fabric requirements (to make 4)

½ yd Light Fabric ([Island Batik Glacier](#))

⅔ yd Dark Fabric (assorted browns from Island Batik)

½ yd background (assorted browns from Island Batik)

1-¼ yard backing ([Island Batik Black](#))

Batting approximately 42" x 48"

⅔ yd binding

[Island Batik Store Locator](#)

True Blue Quilts



Assemble patchwork for placemats

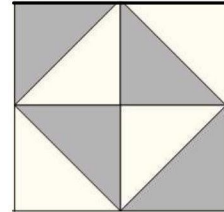
Create an 8" finished center block for your placemats. This block can be the same for all placemats, or you can stitch them all differently. Here are 4 options for the center blocks.

Block A - Candy Dish

Using your preferred method, sew (8) 2-½" HST using light and dark fabric.

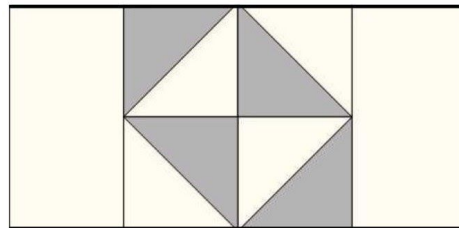
[My favorite HST methods are shown in this video.](#)

Sew four of the HSTs to create a broken dishes four patch as shown.



Cut (4) 2-½" x 4-½" light rectangles.

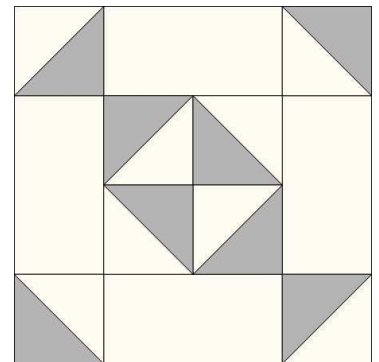
Add 2 light rectangles to the sides of the four patch to complete the center row,



Sew two HSTs to the ends of a light rectangle. Note that one dark triangle points in, and the other points out. Make two of these rows.



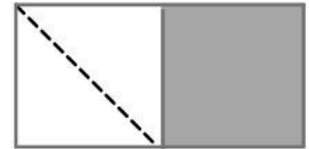
Sew these rows to the top and bottom of the broken dishes row to complete the center block. Note that the bottom row is turned opposite the top row.



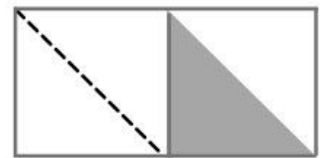
Block B - Pinwheel

Cut four rectangles $2\frac{1}{2}'' \times 4\frac{1}{2}''$ and eight squares $2\frac{1}{2}''$ from light fabric.
Cut four rectangles $2\frac{1}{2}'' \times 4\frac{1}{2}''$ from dark fabric.

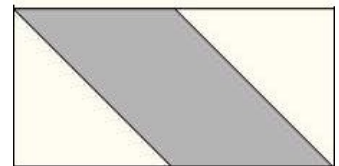
Sew a light square on one corner of the dark fabric. Make 4.



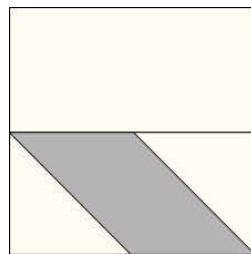
Turn and sew a light square in the opposite corner. Make sure your seams are parallel.



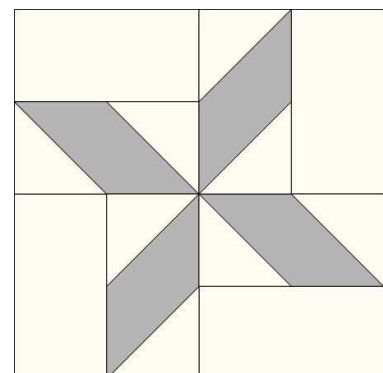
Trim excess triangles away and press towards the corners.



Sew a light rectangle to one side of each parallelogram unit. This will form one quadrant of your pinwheel block. Repeat with remaining rectangles.



Position quadrants to form the pinwheel and sew as a four patch.



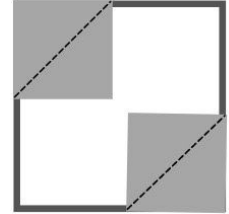
Block C - Square Kiss

Cut one 4-1/2" square and four 2-1/2"x4-1/2" rectangles from light fabric.

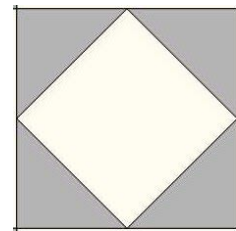
Cut four 2-1/2" squares of dark fabric.

Use your preferred method to make four 2-1/2" HSTs from light and dark fabric.

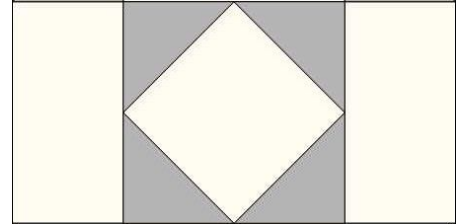
Sew the four dark squares on the corners of the larger light square to create a Square-in-a-Square. Start by sewing two squares on opposite corners.



Trim, press to the corners, then add the other two small squares.



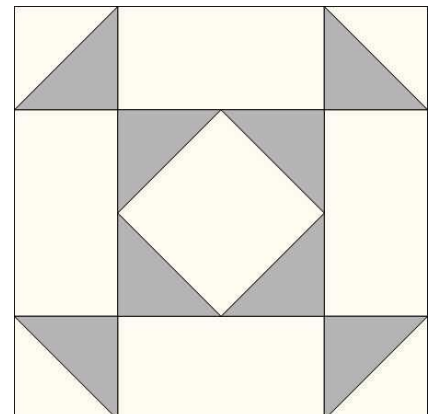
Add two light rectangles to either side of the Square-in-a-Square.



Sew a HST to either end of the other two light rectangles to form the corners of the block. Make 2.



Sew the block together in rows.



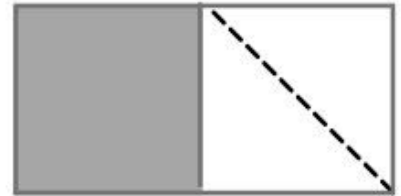
Block D - Which Way Goose

Cut four rectangles $2\frac{1}{2}$ " x $4\frac{1}{2}$ " from dark fabric.

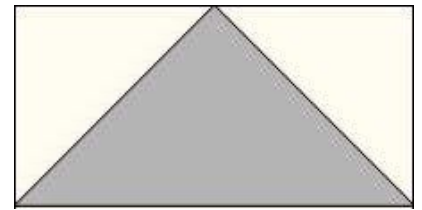
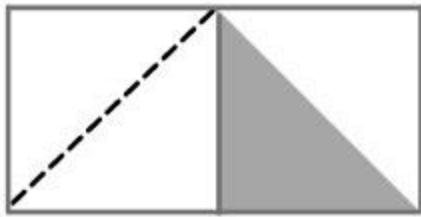
Cut eight squares $2\frac{1}{2}$ " and four rectangles $2\frac{1}{2}$ " x $4\frac{1}{2}$ " from light fabric.

Make flying geese units from the dark rectangles and light squares.

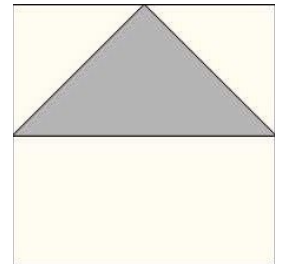
Sew one light square on a corner of the dark rectangle.



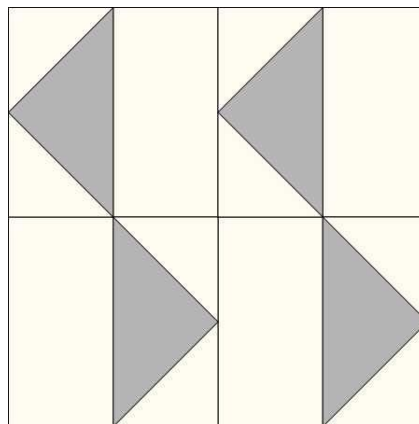
Trim and press towards the corner, then add the second square. Make 4.



Sew a light rectangle to the base of the flying geese units. Make 4.



Sew the four patch with geese pointing in opposite directions.



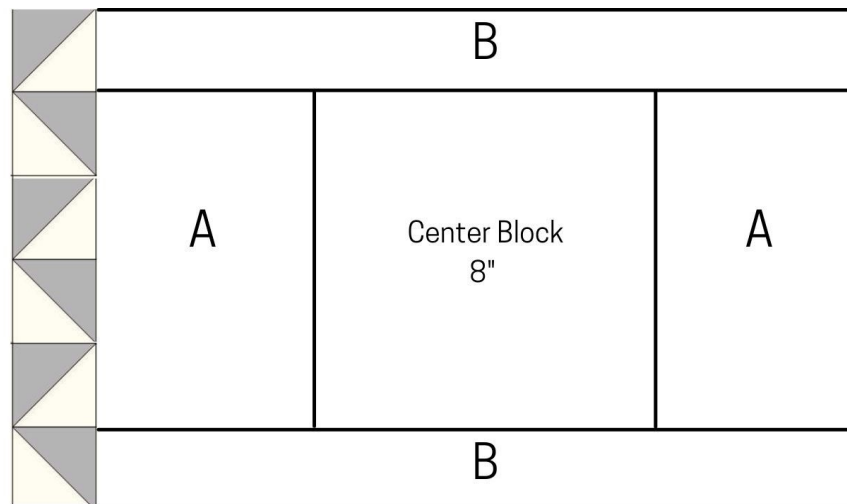
Add borders to blocks to create Placemats.

Frame the placemats in the same way for all blocks:

Using background fabric, cut 8 A rectangles $4\frac{1}{2}$ " x $8\frac{1}{2}$ " and 8 B rectangles $2\frac{1}{2}$ " x $16\frac{1}{2}$ ".

Piece (24) $2\frac{1}{2}$ " HSTs from light and dark fabric. Sew four columns of six HSTs for an accent border on the placemats.

Sew two A rectangles to the sides of each center block. Sew two B rectangles to the top and bottom of each block. Sew the accent border on one edge of each placemat.



Layer the placemats with binding and backing. I suggest facing your placemats instead of finishing with a traditional binding. [My video tutorial for facing a quilt is here.](#) If using this method, face the quilt BEFORE quilting the layers together.

Stitch in the ditch or echo quilting would be a good choice for this project. Or, use these placemats as small practice pieces to build your free motion quilting skills with more intricate designs such as feathers. More ideas for free motion quilting motifs are in [this video series](#) on my YouTube channel.